/	OTPE
70	JUL 13, 2006 8
18	THADEWARD OF

	Charting			~ .					Ending
Time	Sugar	Toasts	1 2	Total	Insulin	1 2 2	<b>O</b>	Total	Sugar
8:00 am	144	(2) + 108	+108	+108	8 <b>0</b> 1-, <i>i</i>	-108			144
9:00 am	144								144

1/68

	Ctorting		14-41			3.0		N. V.	Ending
Time	Sugar	Toasts	Meai 1	2	Total	Insulin	1 2 3	Total	Sugar
8:00 am	144	(2+108	₩ 80€		+108	4-108			282
9:00 am	282						<b>\$</b> 4	-54	198
10:00 am	198						-(\$\displays	<b>5</b> 4	144
11:00 am	144								144

7

FIG 2

FIG. 3					
Time	Starting Sugar	Meal———Toasts 1 2	Total	Dose Dose 1 2 3 Total	Ending Sugar
8:00 am	144	80p+ (5)	+108	16-432 -432	<b>180</b>

FIG. 4								
Time	Starting Sugar	Toasts	Meal	Total	Insulin	Dose	3 Total	Ending Sugar
8:00 am	144	2+08	98+	98+	16-432			180
9:00 am	180		9 <del>0)</del> +	98+				216
10:00 am	216		98)+	98+		-27	-27	225
11:00 am	225					-27	-27	198
12:00 pm	198					-27	-27	161
1:00 pm	121					-27	-27	144
2:00 pm	144					<u>-2</u> 7	-27	1107
3:00 pm	117					-27	-27	90

of the state of th	Ctorting		NA COL					Ending
Time	Sugar	Toasts	1 2	Total	Insulin	1 2 3	Total	Sugar
6:00 am	144			:	16-432			144
7:00 am	144							144
8:00 am	144	2+ 108	<del>1</del> 36	98+		- \$1	<u> 2</u>	163
9:00 am	163		98+	98+		-27	-27	162
10:00 am	162		<del>)</del>	98+		-27	-27	
11:00 am	12/					-27	-27	144
12:00 pm	144					-27	-27	1107
1:00 pm	167					-27	-27	06

	Otouting							Ending
Time	Sugar	Toasts	Meal 2	Total	Insulin	1 2 3	Total	Sugar
8:00 am	144				16-432			144
9:00 am	144							144
10:00 am	144	2+108	98+	98+		-27	-27	<b>1</b> \$3
11:00 am	153		98+	<del>98</del> +		-27	<u> </u>	162
12:00 pm	162		98+	98+		-27	-27	10/1
1:00 pm	12/1					-27	-27	144
2:00 pm	144					-27	-27	167
3:00 pm	1107					-27	-27	000

10.7								
	Starting		monadaminonium COM	A transport and		Dos management and the second	A commence of the state of the	Ending
Time	Sugar	Toasts	1 2	Total	Insulin	1 2 3	Total	Sugar
8:00 am	144				16-432			144
9:00 am	1444	(1) +\$4	8⊕+	<del>4</del> 18				162
10:00 am	162		108	8 <sub>1</sub> +		-\$7	-27	163
11:00 am	163		8 <b>⊕</b> +	8 <sub>P</sub> +		-27	-27	144
12:00 pm	144	(1)+(54	8₽+	8)+	·	-27	-27	185
1:00 pm	125		8 P+	8/1)+		-27	-27	126
2:00 pm	126		8 PH	8 <sub>P</sub> +		-27	-27	147
3:00 pm	10/7					-27	-27	000

FIG. 8A								
Time	Starting Sugar	Toasts	Meal1	Total	Insulin	Dose1 2 3	Total	Ending Sugar
8:00 am								
9:00 am								
10:00 am								
11:00 am								
12:00 pm		[3]						
1:00 pm								
2:00 pm			:					
3:00 pm								

FIG. 8B					2					
Time	Starting Sugar	Toasts	Meal 1	Total		Insulin	Dose 1	2 3	Total	Ending Sugar
4:00 pm										
5:00 pm										
6:00 pm		3								
7:00 pm			- - -							
8:00 pm										
9:00 pm										
10:00 pm										
11:00 pm										

FIG. 9A

	Starting		Meal		Nation and the second		Dose		Constanting of the Constanting o	Ending
Time	Sugar	Toasts	-	2	Total	Insulin	1 2	က	Total	Sugar
8:00 am		(1)+\$4				14-297				
9:00 am										
10:00 am		(T)+\$4					-32.5		-32:5	
11:00 am							-3\$:5		-32:5	
12:00 pm		3+162					-3\$\frac{2}{5}\frac{2}{5}		-32.5	
1:00 pm							-325		-32.5	
2:00 pm		17-484					-3%5		-32.5	
3:00 pm							-3€:5		-32.5	

Toasts										:	
4	Starting Sugar	$\sim$	Toasts	Meal1	2	Total	Insulin	Transcate to belong the			Ending Sugar
			( <del>1</del> )+\$4				14-297			. <del>1</del> 6	
25 4 4 4 4 4 4 4 4 4 4 4 4 4								<b>4</b> 6		46	
40 -35 -35 -40 -35 -35 -36 -36 -36 -36 -36 -36 -36 -36 -36 -36			3+162	-				<del>2</del> 9		-48	·
- 10 - 32 - 32 - 32 - 32 - 32 - 32 - 32 - 3								<u> </u>		- <u>4</u> 8	
-32- -32-								ې	•	-48	
			(1)+\$4					<b>€</b> - €		<u>48</u>	
								-9 <del>\$</del>		-32	
								<b>₹</b>	•	-32	

FIG. 9C				) j				
Time	Starting Sugar	Toasts	Meal 2	Total	Insulin	Dose1 2 3	Total	Ending Sugar
12:00 am						9)-	9)-	
1:00 am						9p-	- <del>((</del>	
2:00 am						9 <b>)</b> -	-16	
3:00 am						9p-	-1 <del>6</del>	
4:00 am						9)-	-1 <u>6</u>	
5:00 am						<del>-</del>	- <del>16</del>	
6:00 am								
7:00 am								

Starting Time Sugar										
	<u> </u>	Toasts	<del>-</del>	2	Total	Insulin	1 2	က	Total	Ending Sugar
8:00 am	108	434	8.		<del>8</del> +	14-297	-32.5		-32.5	126
9:00 am	126		<del>1</del>		+18		-32.5		-32.5	144
10:00 am	144	(1)+\$4	+4/8+4/8	1 <sup>8</sup>	+36		-32.5		-32.5	148
11:00 am	<b>4</b> 8		+	+18	<del>1</del> 18		-32.5		-325	183
12:00 pm	ક્રિકે	(3)+162	+\$4+1	8	+\$\\\\_2		-32.5		-32.5	163
1:00 pm	<b>%</b> 3		+34		+34		-32.5		-32.5	105
2:00 pm	<u>(</u>	(T)+\$4	+54+118	8	+\$\hat{\psi_2}		-3295		-32.5	284
3:00 pm 234	<b>3</b> 4		+	+18	+18		-32:5		-32.5	

FIG.10A

Time	Starting Sugar	Toasts	Meal	Total	Insulin	Dose	Total	Ending Sugar
4:00 pm	220	(1) +\$4	+J8+J8	98+	14-297	) ()	-16	240
5:00 pm	240		+ <b>⊕</b> 8	<del>8</del> +		<b>1</b> 6	-¶e	242
6:00 pm	242	(3)+ (E2	+ <del>1</del> 8+ <del>2</del> 4	+42		-{Je -32	-48	266
7:00 pm	200		+34	+34		\$\$ - 9\$}-	-48	<u> 2</u>
8:00 pm	<b>S</b>		+64	+54		- <b>€</b> - €	-48	208
md 00:6	<b>27</b> 8	(3)+\$4	8⊕+	8 <sub>√</sub> ]³+		-de -â≥	-48	2 <u>4</u> 8
10:00 pm	248		8€+	<b>8</b> )+		-32	-3 <mark>5</mark>	234
11:00 pm	234		<del>-</del> 48	<del>1</del> 48		- <del>3</del> \$	र्द्धे}-	220

FIG. 10B

FIG. 10C										
Time	Starting Sugar	Toasts	<b></b>	5	Total	Insulin	<del>-</del>	2 3	Total	Ending Sugar
12:00 am	220							- <del>(</del> 6	<b>\$</b>	204
1:00 am	204						* and	- <del>1</del>	91-	188
2:00 am	188							- <del>((</del> 6	<b>9</b>	
3:00 am	162							-તિ	-15	156
4:00 am	156							- <del>((</del> 6	- <del>1</del>	140
5:00 am	140							-16	- <b>16</b>	124
6:00 am	124									124
7:00 am	124									124

FIG. 11A									
Time	Starting Sugar	Toasts	1 2	Total	Insulin	<del>-</del>	2 3	Total	Ending Sugar
8:00 am	108	43+(1)	+48	8 <sub>1</sub> +	14-297				126
9:00 am	126		<del>1</del> \$	<del>1</del> 98					444
10:00 am	144	(T)+\$4	+48+48	+36		-35€-		-32.5	14 5
11:00 am	1\$.5		+4	8 <sub>()+</sub>		-35:5		-32,5	133
12:00 pm	133	(3+162	+\$4+(18	+\$\(\frac{1}{4}\)		-32)5		-32.5	172.5
1:00 pm	172.5		+34	+24		-38.5		-3 <del>2</del> .5	194
2:00 pm	<b>194</b>	(1)-184	+\$4+48	+\$\frac{1}{2}		-32.5		-32.5	233.5
3:00 pm	233.5		+48	<del>(1</del> 8)		-32.5		-32.5	219

Starting Starting Toa Sugar Toa Sugar Toa 4:00 pm 239 6:00 pm 240.5 3							
Sugar 200 om 220 om 240.5							Ending
239 239 240.5	Toasts	1 2	Total	Insulin	1 2 3	Total	Sugar
239 240.5	7+34	H 98 + 1 1 8	98+		-16:2	-16/2	2839
240.5		<del>1</del> 48	+48		-16.2	-16.2	240.5
	3+162	+ <b>1</b> €8 + <b>2</b> 4	+\$\(\frac{1}{2}\)	14-297	-16.2	-16,2	296.5
7:00 pm 296.5		+94	+94		-16:2	-16:2	334
8:00 pm		+34	+34		-16:2-32:4	-48.6	339.5
9:00 pm 330.5	) <sub>4</sub> Ŝ4	<del> </del>	80+		-16.2-32.4	-48.6	600
10:00 pm		+ <b>(1</b> 8	<b>€</b>		-32.4	-32.4	294.5
11:00 pm 294.5		+18	+48		-32.4	-32.4	280

FIG. 11C								
Time	Starting Sugar	Toasts	Meal 1	Total	Insulin	Dose 1 2 3	Total	Ending Sugar
12:00 am	200					-32.4	-32:4	247.5
1:00 am	2\$.5					-32.4	-32.4	295
2:00 am	215					-16.2	-16.2	100
3:00 am	<b>10</b> 9					-1632	-1@2	183
4:00 am	163					-16.2	-16,2	166.5
5:00 am	166.5					-16.2	-16,2	150.5
6:00 am	150.5					-1632	-16.2	184
7:00 am	134					-16.2	-16.2	198

FIG.12A									
Time	Starting Sugar	Toasts	1 2	Total	Insulin	1 2	က	Total	Ending Sugar
8:00 am	108	(1)+\$4	<del>-</del> ₩	<del>2</del> <del>1</del>	16-405				126
9:00 am	126		8€+	8P+					144
10:00 am	144	464	+48 +48	98+		-45		-45	185
11:00 am	125		<del>(</del> 1/8)	+47		-45		-45	108
12:00 pm	108	3+162	+34+18	+\$\frac{1}{2}		-45		-45	185
1:00 pm	185		<del>1.</del>	+\$4		-∯5		-45	144
2:00 pm	144	[1]+\$4	+34+18	+\$\hat{1}		-45		-45	域
3:00 pm	121		+48	+1/8		-45		-45	144

'IG.12A

	Starting				met The Mark			Ending
Time	Sugar	Toasts	1 2	Total	Insulin	1 2 3	Total	Sugar
4:00 pm	144	( <del>3</del> )+\$4	+\$\P+	9୍ଦି+	7.189	-22:5	-2255	15 5
5:00 pm	15/15		8 +	8 <b>P</b> +		-225.5	-22:5	<b>183</b>
e:00 pm	<b>163</b>	(3+162	+ <b>1</b> 8+34	+\$\vec{1}{2}		-22:5 -21	-43.5	18.5
7:00 pm	181.5		+34	+54		-2 <u>\$</u> 5 - <del>2</del>	-43.5	102
8:00 pm	102		+34	+54		-2 <u>2</u> 5 -2	-43.5	202.5
9:00 pm	202.5	(1)+\$4	<del>1</del>	8 <sub>1</sub> )+		-2 <u>2</u> 5 -2	-43.5	
10:00 pm			<del>1</del>	<del>(</del> 18)		€8-	-S	10%
11:00 pm	164		<del>  </del>   8	+18		<b>€</b> €-	-2	

FIG. 12B

FIG.12C			:								
Time	Starting Sugar	Toasts	-	2	Total	Insulin	₩.	N	3	Total	Ending Sugar
12:00 am								-10.5		-105	160.5
1:00 am	160.5							-10.5		-1035	180
2:00 am	150							-10.5		-1035	139.5
3:00 am	139.5							-10.5		-1@5	129
4:00 am	129							-10.5		-105	118.5
5:00 am	118.5							-10.5		-1035	108
6:00 am	108										108
7:00 am	108										108

Time	Starting Sugar	Toasts	1 2	Total	Insulin	1 2	ဧ	Total	Ending Sugar
8:00 am	108	(1)+64	<del>1</del> 08	<del>1</del>	18-486				126
9:00 am	126		<del>1</del>	8 <b>₽</b> +					144
10:00 am	144	(1)+\$4	+J8+J8	98+		- <u>\$</u> 4		-54	126
11:00 am	126		+48	<del>8</del> +		- <del>5</del> 4		-54	<b>O</b>
12:00 pm	<b>O</b>	3+162	+24+18	+\$\(\int\gamma\)		- <u>5</u> 4		-54	108
1:00 pm	108		+\$4	+24		- <u>5</u> 4		-54	108
2:00 pm	108	1-64	+24+18	+\$2		<del>-</del> 54		-54	126
3:00 pm	126		8+	<del>8</del> )+		<del>-</del> 54		-5 <del>4</del>	<b>O</b>

FIG.13A

Time	Starting Sugar	Toasts	1 2	Total	Insulin	1 2 3	Total	Ending Sugar
4:00 pm		(1)+64	+18+18	98+	4-108	-27	12-	96
5:00 pm	<b>66</b>		<del>4</del> 08	80+	·	-27	-27	000
6:00 pm	06	3+62	+18+24	+\$2		-ई7 -ि	-40	122
7:00 pm	122		+84	+34		- <u>ۇ</u> 7 - <del>(</del> أع	-40	186
8:00 pm	136		+34	+54		-27 -13	-40	160
md 00:6	130					- <u>ê</u> 7 - <del>(</del> 3	-40	140
10:00 pm	100	( <del>[</del> ]+\$4	<del>1</del>	+18		<del>(</del> )-	<b>E))-</b>	105
11:00 pm	1\$5		+48	+18		<del>(</del> )	-(j3	120

FIG. 13B

Starting         Toasts         1 casts         1 casts <t< th=""><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th></th></t<>										
1444       1       1464       1       1464       1       1464       1       1464       1       1464       1	Time	Starting Sugar	Toasts	1 2	Total	Insulin		က	Total	Ending Sugar
1444       2148       436       +36       54       54         126       +36       +36       -54       -54         108       +36       +36       -54       -54         108       +36       +36       -54       -54         20       +36       +36       -54       -54         20       -30       -34       -54       -54         20       -34       -54       -54       -54         20       -34       -54       -54       -54         20       -34       -54       -54       -54         20       -34       -54       -54       -54         20       -34       -54       -54       -54         20       -34       -54       -54       -54	8:00 am	144				18-486				144
n       1444       2140       436       +36       54       -54         n       166       +36       +36       -54       -54         n       1608       +36       +36       -54       -54         90       +36       +36       -54       -54         90       -54       -54       -54         90       -54       -54       -54         90       -54       -54       -54	9:00 am	144								144
126   +36   +36   -34	10:00 am	144	2+08		+36		- <del>5</del> 4		-54	126
108 +ê 6 -ê 4 -	11:00 am	126		98)+	+36		- <del>5</del> 4		-54	108
90 -54 -54 -54 -54 -54 -54 -54 -54 -54 -54	12:00 pm	108		98+	+36		- <u>\$</u> 4		-54	
-54 -54 -54 -54	1:00 pm	06					- <u>\$</u> 4		-54	
-\$4	2:00 pm						- <u>\$</u> 4		-54	
	3:00 pm						- <del>\$</del> 4		-54	

Ì	Starting	- -	,	ŀ	-		H	Ending
Ime	Sugar	loasts	1 2	lotal	Insulin	1 2 3	lotal	Sugar
8:00 am	144				18-486			144
9:00 am	144							144
10:00 am	144	$\boxed{2^{+08}}$	98+	98+		-54	-34	126
11:00 am	126		<del>1</del> 36	<del>9</del> ફ્રે+		- <u>\$</u> 4	-64	108
12:00 pm	108		<del>-</del> ફુિં	+36		- <u>Ŝ</u> 4	- <u>Ĝ</u> 4	06
1:00 pm	06	3.5+189	-၆3	<del>-63</del>		- <u>Ŝ</u> 4	- <del>Ĝ</del> 4	66
2:00 pm	66		દ્યુંમ	€ĝ+		- <del>5</del> 4	- <u>\$</u> 4	108
3:00 pm	108		<del>(</del> 63	<del>6</del> 9+		- <del>\$</del> 4	- <u>\$</u> 4	11/17

FIG. 15 b

1<u>@</u>5 **4** 47 1<u>2</u>6 **1**急5 (A) 1 9 9 Ending 9 Sugar କ୍ରି-<u>ල</u>ිල් -୍ଦୁ ଜ୍ୟୁ <u>ම</u> ල Total -24 ന - P **N** (N 2) -(A) S <u>-</u> 4-8-7 4-<u>2</u>-7 4-87 12/2 19 A 4-108 Insulin +24 8 + 8 + 98+ φ + +5<u>4</u> +54 Total +18+18 S **8**↓ <del>1</del>38 <del>|</del> | 8 +54 +34 +54 3+162 1,±\$4 1 H54 Toasts Starting (A) 186 105 6**% 18**2 Sugar 10:00 pm 11:00 pm 4:00 pm 5:00 pm 6:00 pm 7:00 pm 8:00 pm 9:00 pm Time

Time	Starting Sugar	Toasts	1 2	Total	Insulin	1 2 3	Total	Ending Sugar
12:00 am	135		8₩ <del>+</del>	<b>€</b> ₽		9	9	147
1:00 am	147					<del>(</del>	<del>\</del>	14
2:00 am	1471					<del>©</del> -	<b>\$</b>	135
3:00 am	135					9	<b>@</b>	129
4:00 am	129					9	<b>@</b>	123
5:00 am	123					<b>9</b>	<b>©</b>	11/07
6:00 am	167							167
7:00 am	167							11/07

FIG.15 c

ŀ	Starting	ŀ	,	ļ-	! ::	7		- <del> </del>	Ending
ıme	Sugar	loasis	7	Iolal	IUSUIIU	7	0	IOIAI	Sugar
8:00 am	144				18-48e				144
9:00 am	144								144
10:00 am	144	2 + 108	9 <del>©</del> +	98+		-54		-54	126
11:00 am	126		<del>-(3</del> 6	99		-34		-54	108
12:00 pm	108	2.5	+36+45	+&+		-54		-84	185
1:00 pm	185		+45	+45		- <del>5</del> 4		-84	126
2:00 pm	126		+45	+45		-94		-64	41
3:00 pm	147	4 +54	+\$4	+54		-\$4		-64	147

FIG. 17A					20.72						
Time	Starting Sugar	Toasts	1	2	Total	Insulin	·	2	3	Total	Ending Sugar
8:00 am	108	454	8 <del> </del>		+18	18-486					126
9:00 am	126		8 <sub>P</sub> +		+1/8						144
10:00 am	144	(1)-184	+ + + + + + + + + + + + + + + + + + +		+36	4-108	-54			-54	126
11:00 am	126		<b>)</b> +	+48	+1/8		-54			-54	<b>Q</b>
12:00 pm	06	(5)+2°70	8P+06+	∞	+108		-54 -43	<b>E</b>		<u> </u>	181
1:00 pm	181		0 <del>©+</del>		+90		-64 -13	<del>(3</del>		<i>L</i> ŷ-	164
2:00 pm	184		06+		+90		-64 -13	(F)		<u> </u>	167
3:00 pm	167						- <del>6</del> 4 - 13	<u>(13</u>		<u> </u>	100

FIG. 17B											
Time	Starting Sugar	Toasts	-	2	Total	Insulin	-	2	က	Total	Ending Sugar
4:00 pm	110	(2)+ (08)	98+		<del>1</del> 36	<b>6</b> -162	-27 - 13	<u>(f)</u>		-40	100
5:00 pm	106		<del>1</del> 36		<del>1</del> 36		-23	- <del>(</del> (3		-40	102
6:00 pm	102		98+		<del>1</del> 36		-27	(Ç)	-18	-50	88
7:00 pm	88	3+162	<del>1(Ŝ)</del>		+94		-27	<b>(C)</b>	-18	- <del>5</del> 0	92
8:00 pm	92		+24		+54		-27	<b>Q</b>	-18	-50	96
9:00 pm	96		+ <del>\$</del> 4		+34		-27	<b>©</b>	-18	- <del>5</del> 0	100
10:00 pm	100	2 + 108	<del>1</del> 36		+ <del>3</del> 6			<b>Q</b>	-18	-23	143
11:00 pm	163		<del>1</del> 36		+36			<b>(Ç)</b>	-18	-23	126

1441 (@) (J) 1<u>2</u>6 108 **6**88 108 167 Ending Sugar Total ଏହି) **୍ଦ**୍ଧ) ଏହ୍ନ) ଏକ୍) <u>ଏ</u>ବ୍ର ଏହି) ଏହି) **ଡ଼ି**) **(P)** <u>କ୍ର</u> **୍**ଦ୍ର **ଏ**ଦ୍ୱି) ന 3 Insulin 98+ Total 2 <del>-</del>486 Toasts Starting **16**6 126 **1**\$3 **1**@5 1 8 8 108 44 Sugar 12:00 am 1:00 am 4:00 am 7:00 am 2:00 am 3:00 am 5:00 am 6:00 am Time

FIG. 17C

Time	Starting Sugar	Toasts	1 2	Total	Insulin	-	2	3	Total	Ending Sugar
8:00 am	108	(1)+\$4	+√8	8+	18-486					126
9:00 am	126		<del>-</del> 48	<b>8</b> P+						144
10:00 am	144	(1)-(\$4	+ <del>(</del> 18+ <del>(</del> 18	98+	4-108	-54			-54	126
11:00 am	126		<del>8</del> ))+	<del>8</del> +		-54			-54	06
12:00 pm	<b>©</b>	( <del>5</del> +\$70	+90+48	+108		-64 -63	( <del>)</del> 3		-67	18
1:00 pm	131		06+	0©+		-54 -13	( <del>)</del> 3		-67	184
2:00 pm	154		0ê+	0 <del>©</del> +		-64 -13	(S)		-67	167
3:00 pm	10/7					-54 -13	(3)		-67	160

FIG. 18A

Time	Starting Sugar	Toasts	1 2	Total	Insulin	1 2	က	Total	Ending Sugar
4:00 pm	1衛0	2+ tos	98+	98+		-ê7 - <del>1</del> 8	~	- <del>4</del> 0	106
5:00 pm	100		+ <del>3</del> 6	98+		-27 -13	3	9	102
e:00 pm	102	( <u>                                     </u>	+3e+48	+24		\$ <i>1</i> \$-		-3 <u>5</u> 5	124
7:00 pm	124		<b>8</b> P+	8 <sub>P+</sub>		-ê7 -ê		-32	100
8:00 pm	110		+48	8P+		<b>\$</b> 7 <b>\$</b>		-3 <u>2</u> 2	<b>\$</b>
9:00 pm	96	(1)+\$4	<del>1</del> \$8	<b>€</b> +		\$ 1 <del>\$</del>		-32	<b>3</b> 00
10:00 pm	<b>3</b> 00		<del>1</del> \$8	+(18		Ç.	300	<b>P</b>	<b>S</b>
11:00 pm	95		+(J)8	+18		<b>9</b>	e de la companya de	(S)	108

FIG. 18B

FIG. 18C					90/15						
Time	Starting Sugar	Toasts	-	2	Total	Insulin	~ .	2	က	Total	Ending Sugar
12:00 am	108										108
1:00 am	108										108
2:00 am	108										108
3:00 am	108										108
4:00 am	108										108
5:00 am	108										108
6:00 am	108										108
7:00 am	108										108

**6**0 144 \(\text{\tin}\}\\ \text{\texi}\text{\text{\text{\texi}\text{\text{\text{\text{\text{\text{\texi}\text{\text{\texit{\text{\texi}\text{\texi}\text{\text{\text{\texi}\text{\text{\text{\tex{ 1<u>0</u>0 <u>8</u> Ending 0 Sugar -54 -54 -54 54 -5<u>4</u> -54 Total က S **4-5**4 4-5<u>4</u> 4-<u>\$</u>4 4-54 -54 18-486 Insulin 8 H 98+ +54 8 + +7/2 +7/2 8 + 4.18 Total **1** 8 )+ +54+18 +54+18 +18+18 **8** + S 4+<del>5</del>4 8 +18 3+162 **1**/+54 1/454 154 **Toasts** Starting **1**86 1<u>2</u>6 126 **⊗ 108** <u>6</u>8 444 Sugar 11:00 am 12:00 pm 10:00 am 1:00 pm 3:00 pm 8:00 am 9:00 am 2:00 pm FIG. 19A Time

Time	Starting Sugar	Toasts	1 2	Total	Insulin	-	2	က	Total	Ending Sugar
4:00 pm	06	(1)+\$4	+18+18	98+	10-20	<u>-27</u>			-27	<b>6</b>
5:00 pm	<b>6</b>		8	8+		-27			-21	06
6:00 pm	0)6	(5+270	06+86+	+108		-27 -30	ଞ୍ଚିତ		-57	141
7:00 pm	146-1		0©+	0\vec{\varphi}+		-27 -30	30		-57	104
8:00 pm	124		0 <del>©</del> +	0\vec{\varphi}+		-27 -30	<u> </u>		-57	207
9:00 pm	207					-27 -30	30		-57	180
10:00 pm	150	(T)+\$4	<del> </del>	+48		Ť	-30 -30		-30	138
11:00 pm	138		<del>1</del> 08	+4			-30		-30	126

FIG. 19B

Time	Starting Sugar	Toasts	1 2	Total	Insulin	-	2 3	Total	Ending Sugar
12:00 am	126	(1)+\$4	<del>1</del> 08+1	98+		•	-1(5	<u>-</u> (5	147
1:00 am	147		+48	<b>8p</b> +			-(5	-15	180
2:00 am	180		+	<b>€</b> }+			-1(5	<u></u> -15	183
3:00 am	153						-15	-165	138
4:00 am	138						- <del>(</del> 5	-15	123
5:00 am	123						-1/5	-15	108
6:00 am	108								108
7:00 am	108								108

FIG. 19C

FIG. 20A								
Time	Starting Sugar	Toasts	1 2	Total	Insulin	1 2 3	Total	Ending Sugar
9:00 am	108	2+108	98+	9ê+	12-108			108
10:00 am	108		9 <del>©</del> +	<del>9</del> \$+		-\$6	-36	144
11:00 am	144		987	+30		98-	- <u>\$</u> 6	144
12:00 pm	144				<b>1.8<sup>-162</sup></b>	9	- <u>3</u> 6	144
1:00 pm	144	3+162	+34	+34		-54	- <u>\$</u> 4	108
2:00 pm	108		+\$4	+34		- <u>\$</u> 4	- <u>Ŝ</u> 4	108
3:00 pm	108	(1)+\$4	+\$4+1	+\$2	<b>6</b> *-162	- <u>Ŝ</u> 4	-34	126
4:00 pm	126		8 <sub>₽</sub> +	+(18		8₽	- <b>1</b>	126

Time	Starting Sugar	Toasts	1 2	Total	Insulin	<b>1</b>	Total	Ending Sugar
5:00 pm	126		+	80+		8 <sub>P</sub> -	<b>8</b> )-	126
6:00 pm	126				18-162	-Ú8	-48	108
7:00 pm	108	3+1.62	+54	+34		- <u>\$</u> 4	-54	108
8:00 pm	108		+34	+204		- <u>Ŝ</u> 4	-54	108
md 00:6	108		+24	+94	<b>6</b> -54	- <u>3</u> 4	-54	108
10:00 pm	108	(1)+\$4	8₽+	8P+		-1 <u>(8</u>	<b>ap-</b>	108

FIG. 20B

FIG. 21A

	Time		Sample Results
Step 1	Time = 8:00 am	Blood sugar reading	180
Step 2	Immediately = 8:00 am	Eat 2 Toasts	
Step 3	+1/2 hour, Time = 8:30 am	Blood sugar reading	198
	+1/2 hour, Time = 9:00 am	Blood sugar reading	215
	+1/2 hour, Time = 9:30 am	Blood sugar reading	234
	+1/2 hour, Time =10:00 am	Blood sugar reading	250
	+1/2 hour, Time = 10:30 am	Blood sugar reading	270
	+1/2 hour, Time = 11:00 am	Blood sugar reading	288

FIG. 21B

	Time		Your Results
Step 4	Immediately 11:00 am	Take 12 units of fast-acting insulin	
Step 5	+1/2 hour, Time = 11:30 am	Blood sugar reading	270
	+1/2 hour, Time =12:00 pm	Blood sugar reading	250
	+1/2 hour, Time = 12:30 pm	Blood sugar reading	234
	+1/2 hour, Time = 1:00 pm	Blood sugar reading	215
	+1/2 hour, Time = 1:30 pm	Blood sugar reading	198
	+1/2 hour, Time = 2:00 pm	Blood sugar reading	180

FIG.23A											
Time	Starting Sugar	Toasts	-	2	Total	Insulin	- <del></del>	2	က	Total	Ending Sugar
8:00 am	108										108
9:00 am	108	(Z + 108	98+		+36	12 -108	9୍ଟିଟ-			9€	108
10:00 am	108		98+		+36		98-			<del>-</del>	108
11:00 am	108		+36		+36		98-			- <del>3</del> 6	108
12:00 pm	108										108
1:00 pm	108	(3+162	+\$4		+54	18 -162	-54			-34	108
2:00 pm	108		+\$4		+54		-54			-64	108
3:00 pm	108	(1) +54	+64+18	(1) (1)	+2/2	<b>6</b> -54	-54	<u> </u>		-1/2	108

FIG. 23B				2				
Time	Starting Sugar	Toasts	1 2	Total	Insulin	1 2	3 Total	Ending Sugar
4:00 pm	108		+4	<b>8⊕+</b>		8)I-	-1 <sub>8</sub>	108
5:00 pm	108		+	8 <sub>1</sub> )+		-18	-1B	108
6:00 pm	108				18-162	-54	-54	<b>2</b>
7:00 pm	54	3+162	+54	+24		- <u>Ŝ</u> 4	-54	
8:00 pm	<b>S</b>		+54	+54		-54	-54	<b>54</b>
9:00 pm	25		-54	-54	<b>6</b> -54	₩	-¶8	<b>%</b>
10:00 pm		(1)+\$4	+ <b>⊕</b> 8	<del>8</del> )+		-18	- <b>I</b>	<b>%</b>
11:00 pm	<b>Ô</b>		+ <b>√</b> 8	+40	<b>26</b> (i)	-18	-¶8	<b>%</b>

110:23										
Time	Starting	Toasts	1	Total	Insulin	•	2	ဗ	Total	Ending Sugar
	oagai	0000	-							
12:00 am	06		<b>4</b> ∮8	+48						108
1:00 am	108									108
2:00 am	108									108
3:00 am	108									108
4:00 am	108									108
5:00 am	108									108
6:00 am	108						,			108
7:00 am	108									108

-54 -94 9 9 -3<u>6</u> Total က S **4-24** -3<u>6</u> 9<u>9</u>9 **%** 45 12 -108 -162 <u> 5</u>2-Insulin **E** +54 +34 98+ +\$2 98+ 98+ Total +54+18 S 984 <del>1</del>36 +54 +54 9<u>@</u>+ 34162 17454 ÷108 Toasts SU Starting 162 <u>1</u> **® 8** 162 108 **4** 144 108 144 Sugar 12:00 pm 10:00 am 11:00 am 2:00 pm 1:00 pm 8:00 am 9:00 am 3:00 pm FIG.24A Time

(**8**8

**144** 

108

Ending Sugar **4** 

**4** 

Ç © V **4**00€

110:21								
	Starting		,	ŀ			F	Ending
IIme	Sugar	loasts	1 2	Iotal	ullnsull	ا لا ك	Iotal	Sugar
4:00 pm	100		+	+(18		-54 -18	-72	126
5:00 pm	126		+	<del>8</del> +		-18	-188	126
6:00 pm	126				18-162	-18	-18	108
7:00 pm	108	3+162	+54	+94		- <u>\$</u> 4	-54	108
8:00 pm	108		+94	+24		- <u>\$</u> 4	-54	108
9:00 pm	108		+54	+54	£ -\$4	<del>(</del> \$4	-ईंद	108
10:00 pm	108	7-1-34	4€8	+18		-18	- <b>∯</b> 8	108
11:00 pm	108		+ <b>(</b> }8	+48	<b>26</b> (i)	- <b>(</b> 8	-1 <del>8</del>	108

FIG. 24B

FIG. 24C											
Time	Starting Sugar	Toasts	1	2	Total	Insulin	· -	N	ည	Total	Ending Sugar
12:00 am	108		<del> </del>   8		+(18		-18			-18	108
1:00 am	108										108
2:00 am	108										108
3:00 am	108										108
4:00 am	108										108
5:00 am	108										108
6:00 am	108										108
7:00 am	108										108

FIG.25A					90/7						
Time	Starting Sugar	Toasts	•	2	Total	Insulin		7	က	Total	Ending Sugar
8:00 am	108										108
9:00 am	108	(Z)+108	98+		+36	12 -108					108
10:00 am	108		98+		+36		9୍ଡି-			98-	144
11:00 am	144		9€}+		+36		ଚ୍ଚିତ୍ର-			ଞ୍ଚି-	144
12:00 pm	144					18-162	9€-			-3 <u>6</u>	144
1:00 pm	144	3+162	+34		+54		-54			-54	108
2:00 pm	108		+34		+34		-54			-64	108
3:00 pm	108	(T)+64	+\$4+18	8	+\$\frac{1}{2}	<b>B</b> -162	-54			- <u>\$</u> 4	126

FIG. 25B								
Time	Starting Sugar	Toasts	1 2	Total	Insulin	1 2 3	Total	Ending Sugar
4:00 pm	126		+	<b>8</b> )+		- <del>4</del> 8	-18	126
5:00 pm	126		+	<del>8</del> )+		-18	-18	126
6:00 pm	126				18-162	<del>(</del> )-	-18	108
7:00 pm	108	3+162	+54	+34		-34	-54	108
8:00 pm	108		+94	+24		-54	-54	108
9:00 pm	108		-54	-54	£ -\$4	<b>\$</b> 4	-54	108
10:00 pm	108	(1)484	<del>1</del>	<del>8</del> P+		-18	-18	108
11:00 pm	108		+48	e <b>√)</b> +	<b>26</b> (i)	-18	- <del>(</del>	108

FIG. 25C											
Time	Starting Sugar	Toasts	٦	2	Total	Insulin	-	2	ဗ	Total	Ending Sugar
12:00 am	108		+48		+18		<u>- 18</u>			- 18	108
1:00 am	108										108
2:00 am	108										108
3:00 am	108										108
4:00 am	108										108
5:00 am	108										108
6:00 am	108										108
7:00 am	108										108

FIG.26A				077/00				
Time	Starting Sugar	Toasts	1 2	Total	Insulin	1 2 3	Total	Ending Sugar
8:00 am	108							108
9:00 am	108	<b>2</b> 108	<del>1</del> 36	<del>9</del> ê+	12 -108	98	-36	108
10:00 am	108		<del>-</del> 36	+36		-96	98-	108
11:00 am	108		9€}+	+36		9ୃତି-	-ĝe	108
12:00 pm	108							108
1:00 pm	108	(3+162	<del>1</del> Ĝ4	+54	18-162	-54	-54	108
2:00 pm	108		+ <del>\$</del> 4	+54		<del>-</del> 54	-\$4	108
3:00 pm	108	(1)+64	+64+18	+\$2	<b>6</b> -54	- <del>5</del> 4 - <del>(</del> 8	-\$2	108

	Starting							Ending
Time	Sugar	Toasts	1 2	Total	Insulin	1 2 3	Total	Sugar
4:00 pm	108		+	<b>8</b> ⊕+		<u>8</u> )-	- <del>(8</del>	108
5:00 pm	108		+	+48		-18	-18	108
6:00 pm	108							108
7:00 pm	108	3+162	+54	+54	18-162	- <u>\$</u> 4	-5 <del>4</del>	108
8:00 pm	108		+54	+34		-\$4	-54	108
9:00 pm	108		+64	+64		<b>(</b> \$4	- <u>5</u> 4	108
10:00 pm	108	(T)+\$4	+€8	<del>(</del> 4)	<b>6</b> - \$4	-18	- <del>1</del>	108
11:00 pm	108		<del>-</del> 108	<del>1</del> 48	<b>26</b> (i)	-18	-18	108

FIG. 26B

Time	Starting Sugar	Toasts	- 2	Total	Insulin	1	ო	Total	Ending Sugar
		_/							
12:00 am	108		<del> </del>	+4		- 18		- <u>(8</u>	108
1:00 am	108								108
2:00 am	108								108
3:00 am	108								108
4:00 am	108								108
5:00 am	108								108
6:00 am	108								108
7:00 am	108								108

FIG. 26C

FIG.27A											
Time	Starting Sugar	Toasts	-	2	Total	Insulin	·	2	ဗ	Total	Ending Sugar
8:00 am	108	(1)+\$4	<del>1</del> 18		+18	18-48e					126
9:00 am	126		<del>1</del> 48		+1/8						144
10:00 am	144	[1]+64	+(1)8 +(1)8	8	+36		-54			-64	126
11:00 am	126		+	+48	+18		-54			-54	0
12:00 pm	O C	3+162	+ <del>\$</del> 4 + <b>\$</b> 8	8	+\$\displays{2}		-54			-54	108
1:00 pm	108		+34		+24	·	-54			-64	108
2:00 pm	108	( <u>1</u> ]+\$4	+34+18	4	+\$\hat{\ell}2		-64			-64	126
3:00 pm	126		+	+43	+18		-\$4			-64	<b>O</b>

Time	Starting Sugar	Toasts	1 2	Total	Insulin	1 2 3	Total	Ending Sugar
4:00 pm		494	+4\p+4\p+	98+	4-1@8	-27	<i>Î</i> \$-	66
5:00 pm	66		<b>8</b> ₽+	80+		- <u>2</u> -	<b>Î</b>	06
6:00 pm	06	(3)+(62	+ <del>1</del> 8+ <del>2</del> 4	+\$\frac{1}{2}		-27 -12	<b>©</b> E-	123
7:00 pm	123		+24	+94		- <u>2</u> -	<b>Ç</b> -	188
8:00 pm	138		+24	+54		- हैं - कि	<b>6</b> E-	163
md 00:6	1\$3					- हुँग - व्हि	<b>Ç</b> -	104
10:00 pm	144	(1)-184	8 <del>₽+</del>	+18		<b>A</b> )-	- (\$)	120
11:00 pm	120		±€8	+1/8	<b>2</b> É(i)	<b>्री</b> -	-(S)	126

FIG. 27B

FIG. 27C									
Time	Starting Sugar	Toasts	1 2	Total	Insulin	2	ဗ	Total	Ending Sugar
12:00 am	126		8 + ₩	+48		<del>9</del>		<u>@</u>	138
1:00 am	138					<u>@</u>		<del>©</del>	132
2:00 am	182					<b>©</b>		<u>©</u>	126
3:00 am	126					<b>©</b>		(Q)	120
4:00 am	120					<b>©</b> )		9	164
5:00 am	164					<b>©</b>		<b>©</b>	108
6:00 am	108				·				108
7:00 am	108								108

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FIG.28A		Chart		
	Line	Time		Your Results
Step 1	-	Time =	Blood sugar reading	
Step 2	2	Immediately	Eat 2 Toasts	
Step 3	3	+1/2 hour, Time =	Blood sugar reading	
	4	+1/2 hour, Time =	Blood sugar reading	
	5	+1/2 hour, Time =	Blood sugar reading	
	9	+1/2 hour, Time =	Blood sugar reading	
	7	+1/2 hour, Time =	Blood sugar reading	
	&	+1/2 hour, Time =	Blood sugar reading	

59/68 **Chart I** 

FIG. 28B		Chart	_	
	Line	Time		Your Results
Step 4	6	Immediately	Take 12 units of fast-acting insulin	
Step 5	10	+1/2 hour, Time =	Blood sugar reading	
	11	+1/2 hour, Time =	Blood sugar reading	
	12	+1/2 hour, Time =	Blood sugar reading	
	13	+1/2 hour, Time =	Blood sugar reading	
	14	+1/2 hour, Time =	Blood sugar reading	
	15	+1/2 hour, Time =	Blood sugar reading	

60/68 **Chart II** 

FIG.29A					Chart II						
Time	Starting Sugar	Toasts	-	2	Total	Insulin	<b>-</b>	Ø	တ	Total	Ending Sugar
8:00 am						O X					
9:00 am						N N					
10:00 am						X					
11:00 am						X					
12:00 pm						No.					
1:00 pm											
2:00 pm											
3:00 pm						N. C.					

28
$\leq$
9

FIG. 29B					Chart II	CO	continued	ned			
	Starting										Ending
Time	Sugar	Toasts	<del>-</del>	2	Total	Insulin	<b>1</b>	Ø	က	Total	Sugar
4:00 pm	4	<b>→</b>				2/					
5:00 pm											
6:00 pm				40		No.					
7:00 pm						X					
8:00 pm						X					
9:00 pm						No.					
10:00 pm	•					No.					4
11:00 pm					ari)	26(i)		4	4		

62/68	

FIG. 29C	: :	-			Chart II	OS	continued	ned			
Time	Starting Sugar	Toasts	-	2	Total	Insulin	· —	2	က	Total	Ending Sugar
12:00 am											
1:00 am						N N					
2:00 am						No.					
3:00 am						No.		<b>(</b>			
4:00 am						No.					
5:00 am						O X					
6:00 am						X					
7:00 am						X					

·

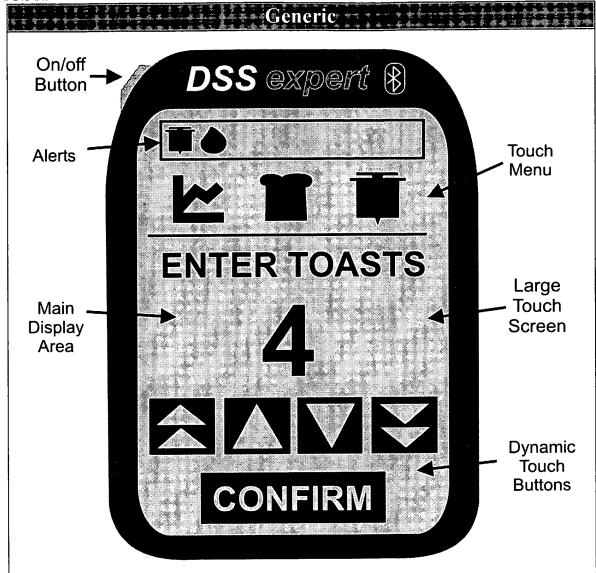
63/68 **Chart III** 

1	
2	7.
	•
	7

FIG.30

	Line	Time		Original Results	Exercise Results
Step 1	-	Starting Time	Starting Blood sugar reading		
Step 2	2	Immediately	Eat 2 toasts		
Step 3	လ	1/2 hour later	Your typical exercise		
	4		Normal morning activities		
	5	3 hrs after first reading	Blood sugar reading		

FIG.31a



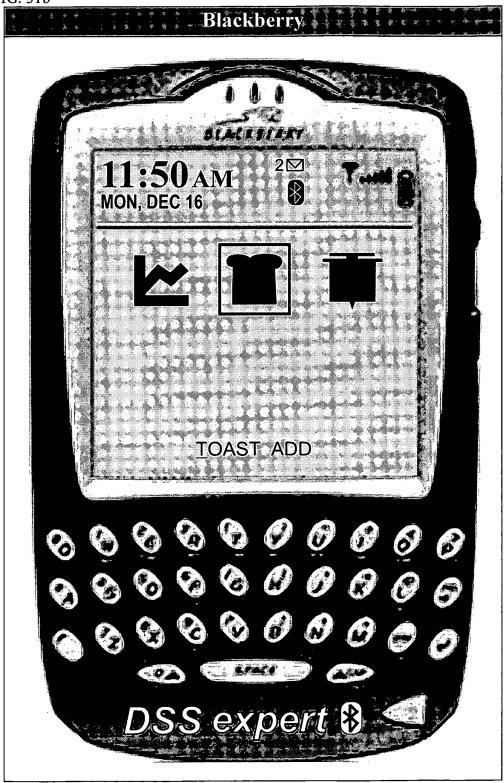
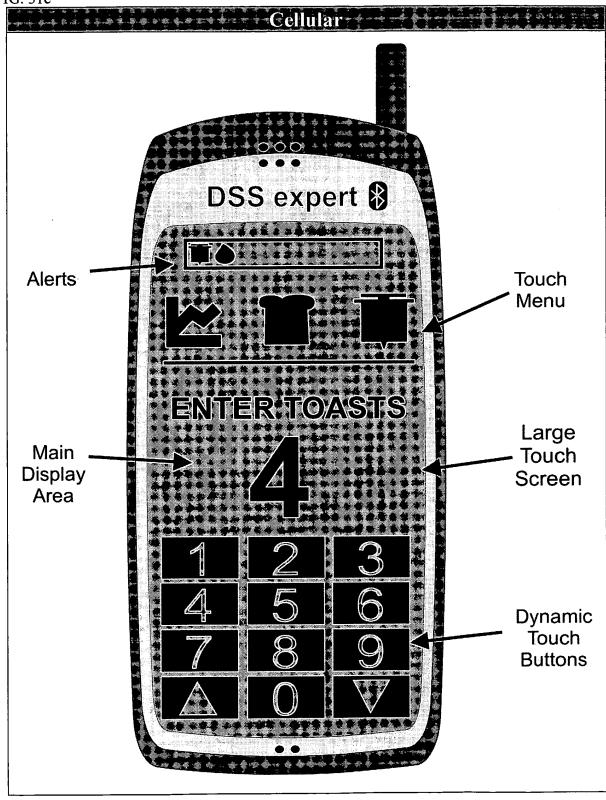
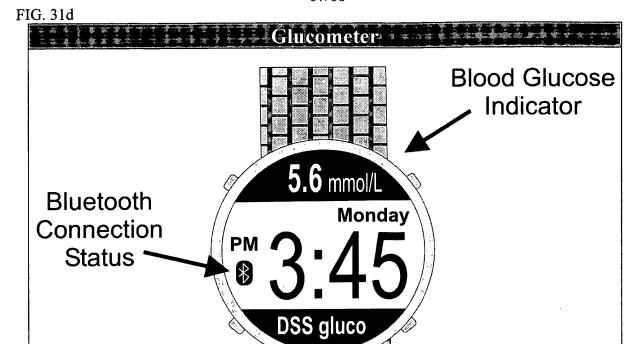
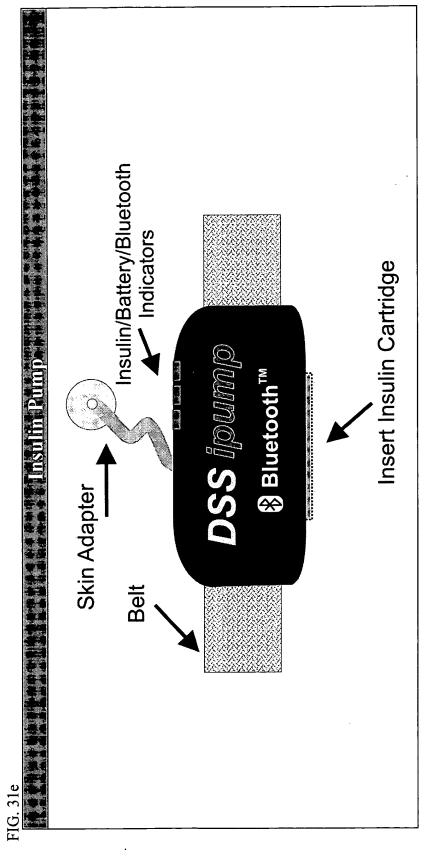


FIG. 31c







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